

**SUBJECTIVE COMPLAINTS**

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please note areas of concern or pain:** \_\_\_\_\_

**When/How did this happen?** \_\_\_\_\_

**Please circle the answers to each of the following questions:**

**Were you involved in a:**      Work related injury      Auto accident      Neither

**Do your symptoms:**      Come and go      Come on gradually      Come on suddenly

**Have symptoms persisted for:**    Hours      One day      Days      Weeks      Months      Years

**What makes your condition worse?**    Sneezing      Straining      Rising from sitting      Sitting      Bending  
Driving      Getting in/out of car      Exercise      Activities of Daily Living      Work activities      Stress  
Weather      Sleeping      Lifting      Symptoms worse in the A.M.      Symptoms worse in the PM

**What makes your condition better?**    Chiropractic adjustment      Over the Counter pain relievers  
Prescription medication      Exercise      Rest      Ice (cold pack)      Heat (hot pack)      Walking

**Have you had this condition before?** \_\_\_\_\_ **If so when?** \_\_\_\_\_

**Please circle any nervous system complaints that apply:**    Blurred Vision      Depression or Crying Spells  
Buzzing/Ringing in Ears      Dizziness      Loss of Sleep      Confusion      Fainting      Muscle Jerking  
Convulsions      Paralysis      Numbness      Headaches

**List name(s) of Doctor(s) previously seen for this condition:** \_\_\_\_\_

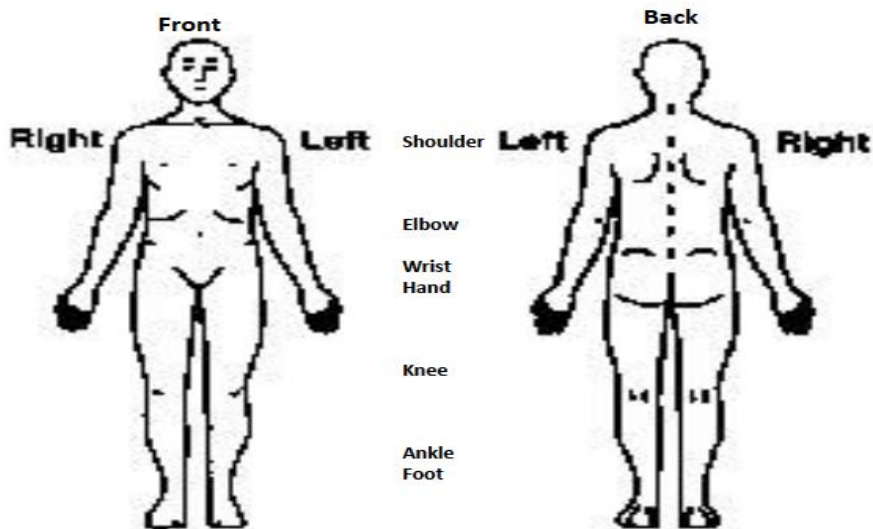
**List medications you are currently taking:** \_\_\_\_\_

**Describe any fractures, surgeries, motor vehicle accidents, or athletic injuries you have had and the areas of the body affected:** \_\_\_\_\_

**Date of last XRAY:** \_\_\_\_\_ **XRAYs were taken of which areas of the body ?** \_\_\_\_\_

**WOMEN ONLY: Are you pregnant?** \_\_\_\_\_ **Date of onset of last menstrual cycle:** \_\_\_\_\_

Please circle on the figure below the area(s) where you have pain or discomfort:



Please describe the pain(s) using the chart below. Circle the word best describing the pain(s) and then rate it by number from 1 to 10 (0 = no pain....5=moderate pain... 10=excruciating pain):

<b>Neck</b>	Sharp	Dull	Numb	Tight	Pain is a _____ out of 10
<b>Mid Back</b>	Sharp	Dull	Numb	Tight	Pain is a _____ out of 10
<b>Low Back</b>	Sharp	Dull	Numb	Tight	Pain is a _____ out of 10
<b>Other</b> _____	Sharp	Dull	Numb	Tight	Pain is a _____ out of 10