

Castor Oil Packs Made Easier

Castor Oil Packs have a long history for treating all kinds of ailments in the world of natural medicine. Many people have not made use of them because they can be inconvenient and messy. Well, don't give up on them—get a pack and lots more information from www.shopqueenofthethrones.com and start decongesting and rejuvenating your liver. The packs are re-useable and besides the one for the liver, they have them for the thyroid and abdomen also. Best of all, you can sleep with the pack on. Remember to only buy organic castor oil that is in a glass bottle. Heritage is a good brand and it is available online at sites such as vitacost.com. The only contra-indications for use of castor oil packs are pregnancy and lactation.